



Horwood and Newton Tracey Primary School – Lunch menu

	Monday 26/09/22 10/10/22	Tuesday	Wednesday	Thursday	Friday
Main 1	*Fish fingers Chips/Pasta/Baked Beans/ Sweetcorn	Cheesy Wheels Potato wedges/Sweetcorn	Hot Dog Spaghetti hoops/Sweetcorn	Roast Gammon, Roast Potatoes, Veg & *Gravy	Ham Panini
Main 2	Salmon Fishcakes		Sausage & Pasta	Veggie Burger	Cheese Panini
Main 3					Tuna Panini
Main 4					Ham Roll
Main 5					
Main 6	Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato
Pudding	*Chocolate Cake & * Choc Sce Fruit Bowl/yogurt	*Cherry Shortcake Fruit Bowl/yogurt	*Ice Cream & Custard Biscuit Fruit Bowl/Yogurt	*Gingercake Fruit Bowl/Yogurt	* Australian Crunch Fruit Bowl/Yogurt

	Monday 03/10/22 17/10/22	Tuesday	Wednesday	Thursday	Friday
Main 1	*Fish Fingers/ chips/Pasta Baked Beans/Sweetcorn	Beef Bolognaise Sweetcorn	Hot Dog Spaghetti hoops/Sweetcorn	Roast Chicken, Roast Potatoes, Veg & *Gravy	Ham Panini
Main 2	Salmon Fishcakes		Sausage & Pasta	Veggie Burger	Cheese Panini
Main 3					Tuna Panini
Main 4					Ham Roll
Main 5					
Main 6	Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato
Pudding	*Sprinkle Cake Fruit Bowl/Yogurt	*Banana Muffins Fruit Bowl/Yogurt	*Swiss Crumble Fruit Bowl/Yogurt	* Artic Roll Fruit Bowl/Yogurt	*Oat Crunchie Fruit Bowl/Yogurt

****Dairy Free * Dairy Free Alternative * Gluten & Vegetarian Alternative**