

Horwood and Newton Tracey Primary School as part of delivering its Sex and Relationships modules during the Summer Term, using the resource, "Growing up with Yasmine and Tom". Below are the modules which the school will discuss with the children.

<https://www.fpa.org.uk/growing-up-with-yasmine-and-tom/complete-list-of-lesson-plans-in-the-updated-resource/>

Module one

(Key stage 1)

1. Introducing Yasmine and Tom
2. Friendships and feelings
3. Different families
4. My brilliant body
5. Keeping clean and taking care of myself
6. Naming body parts
7. Keeping safe

Module two

(Lower key stage 2)

1. Introducing Yasmine and Tom
2. Gender stereotypes and aspirations
3. Me, myself and I
4. What makes a good friend?
5. Families and getting on with our families
6. My personal and private body parts and keeping safe
7. Body care
8. Is it risky?
9. People who can help us on and offline

Module three

(Upper key stage 2)

1. Introducing Yasmine and Tom
2. On and offline friendships
3. Friendships and secrets
4. Friendships and pressure
5. Keeping safe – safe and unsafe touch
6. Keeping safe – online images
7. Changes at puberty
8. Periods (menstruation)
9. Wet dreams and masturbation
10. Making babies – sexual intercourse
11. Making babies – assisted fertility and multiple births
12. Making babies – pregnancy and birth
13. Identity and prejudice
14. Equality and the law
15. Getting help